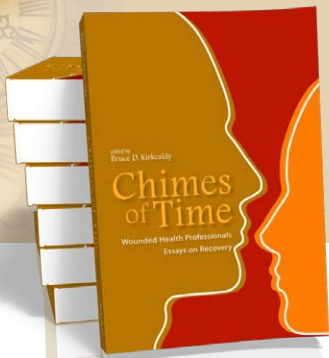


Chimes of Time

Wounded Health Professionals
Essays on Recovery



This book represents an ambitious project, one that unites various fields in a multidisciplinary venture drawing on a diverse range of academics and clinicians from medicine, psychology and the educational sciences. This unique collaboration has assembled an international doyen of medical, educational and health specialists and features a selection of outstanding scholarly contributions.

The volume presents a plethora of essays and reviews by clinicians and academics, including highly personal contributions, some emotive and some self-confessional. Other contributors disclose details of their own personal pain and suffering in relation to critical life events, including illnesses, but also share their own resources and strengths, drawing on reflections and insights derived from literature, arts and psychology as well as medicine. Subsequently, these ideas lead to the creation of models for encouraging personal development: coping despite adversity and

eventually finding meaning towards recovery both physically and psychologically. This process, or voyage, of recovery frequently required the support of trusted families and friends, teachers, and fellow physicians and psychologists, enabling them to pursue interesting and outstanding careers “despite” these challenges and apparent disadvantages.

The authors are all very reflective, providing valuable advice for young practitioners and “afflicted” alike. The revelations of these distinguished contributors highlight the powerful role of psycho-history and biography in understanding who researchers have been influenced by, and what and why.

Few scientific books address the wide spectrum of challenges required to resolve such developmental issues. This psychological battleground allows us to share and capitalise on the wealth and diversity of personal encounters with what often appear to be insurmountable obstacles, but which are wounds healed through patience and continued practice. This

collection of essays is an attempt to bridge theoretical and research concepts and findings with clinical practice, adopting an interdisciplinary and cross-cultural perspective. It reveals factors which are implicated in the effectiveness of health promotion and therapeutic interventions for health professionals, as well as identifying reliable diagnostic and health programs and providing material for teaching and learning programmes. Accordingly, this book will be relevant and useful for practitioners and researchers, but also for laymen and social policy makers. The intended readership thus represents a very broad and diverse audience to include those interested in health psychology, sociology, anthropology, public health and mental health sciences.

Edited by Bruce Kirkcaldy:
Chimes of Time. Wounded Health Professionals. Essays on Recovery.

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List of Contributions

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Introduction: When, why and how healers can profit from their own vulnerability?

Bruce Kirkcaldy

The Wounded Healer in Literature

Arnold Weinstein

Before and After Psychosis: Is there anything positive to be gained from the experience?

Peter K. Chadwick

Steps Towards Better Collaboration Between Stakeholders to Promote Mental Health and to Alleviate Disablement due to Mental Illness

Robert Miller

A Contemporary Shamanistic Initiatory Crisis

David Lukoff

Schizophrenia – Prodromal Signs and Symptoms – A Personal Perspective

Frederick J. Frese

Creativity: a healthy side of madness

Gordon Claridge & Neus Barrantes-Vidal

“Intoxicating happiness” – the blazing trail of mania

Bruce Kirkcaldy

Cancer: An illness, nothing more, nothing less

Nisha Dogra

Recreating self: A personal journey

Thandi Haruperi

On the meaning of self-knowledge, creativity and personal resources in a case of coping with a cancer

Aleksandra Tokarz

Scars of the Wounded Healer

Emile A. Allen

Identification and Separation – Career Choice Following Parental Death in Adolescence

Amanda K Ekdawi

Workaholism

Adrian Furnham

Lost in Shadows?

Michael W. Eysenck

Empathy, Woundedness, Burn Out, and How to Love Being a Therapist

Peter R. Breggin

